

Disaster Mental Health Manual

Title	Target population	Stage to use	Place to use	General Description	Author	Year	Page	File	Note
IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings	all humanitarian actors, including community-based organisations, government authorities, United Nations organisations, non-government organisations (NGOs) and donors operating in emergency settings at local, national and international levels.	All stages. The focus is on the immediately after the disaster.		to enable humanitarian actors and communities to plan, establish and coordinate a set of minimum multi-sectoral responses to protect and improve people's MH and psychosocial well-being in the midst of an emergency. Reflect an emerging consensus on good practice among practitioners.	IASC (Inter-agency Standing Committee) is formed by the heads of a broad range of UN and non-UN humanitarian organisations	2007	99	pdf	全体を見渡すmatrixと、それに対応して個々の介入を詳細に説明するaction sheetからなる。
Psychological First Aid: Field Operations Guide 2nd Edition	mental health and other disaster response workers who provide early assistance to affected children, families, and adults as part of an organized disaster response effort	Early stages		an evidence-informed modular approach for assisting people in the immediate aftermath of disaster and terrorism: to reduce initial distress, and to foster short and long-term adaptive functioning	http://www.who.int/mental_health/emergencies/guidelines_iasc_mental_health_psychosocial_june_2007.pdf National Child Traumatic Stress Network and National Center for PTSD	2006	95	pdf	
Disaster Mental Health Manual	clinicians and administrators	Preparation to a few years after disaster		This guidebook is an introduction to the field of disaster mental health. Practical guidelines and background information are provided to assist you and/or your organization develop.	http://www.ncptsd.va.gov/ncmain/ncdocs/manuals/nc_manual_psyfirstaid.html National Center for PTSD	1998	151	pdf	
Publications on Mental Health & Disaster Issues	Responders, Adults, Families, Older Adults, Schools			Sections For Responders, Adults, Families, Older Adults and Schools	http://www.ncptsd.va.gov/ncmain/ncdocs/manuals/nc_manual_dmhm.html National Mental Health Information Center			HP	
Coping With a Disaster or Traumatic Event – Trauma and Disaster Mental Health Resources	states health professional ~responders			This page provides general strategies for promoting mental health and resilience. These strategies were developed by various organizations based on experiences in prior disasters.	http://mentalhealth.samhsa.gov/cmhs/katrina/pubs.asp Center for Disease Control and Prevention			pdf	
Helping Children and Adolescents Cope with Violence and Disasters: What Community Members Can Do	Teachers, Clergy, and Other Adults in the Community			A booklet that describes what community members can do to help children and adolescents cope with violence and disasters.	http://www.bt.cdc.gov/mentalhealth/#states National Institute of Mental Health (NIMH)	2007	20	pdf	
					http://www.nimh.nih.gov/health/publications/helping-children-and-adolescents-cope-with-violence-and-disasters-what-community-members-can-do.shtml				

Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do	Parents of Children Exposed to Violence or Disaster	A booklet that describes what parents can do to help children and adolescents cope with violence and disasters.	National Institute of Mental Health (NIMH)	2007	20 pdf
http://www.nimh.nih.gov/health/publications/helping-children-and-adolescents-cope-with-violence-and-disasters-what-parents-can-do.shtml					
Helping Children and Adolescents Cope with Violence and Disasters: What Rescue Workers Can Do	Police, Fire, and other First Responders	A booklet that describes what rescue workers can do to help children and adolescents cope with violence and disasters.	National Institute of Mental Health (NIMH)	2007	20 pdf
http://www.nimh.nih.gov/health/publications/helping-children-and-adolescents-cope-with-violence-and-disasters-what-rescue-workers-can-do.shtml					
Mental Health and Mass Violence: Evidence-Based Early Psychological Intervention for Victims/Survivors of Mass Violence		A Workshop to Reach Consensus on Best Practices. 58 DMH experts from 6 countries were invited to address the impact of early psychological interventions and to identify what works, what doesn't work, and what the gaps are in our knowledge.	National Institute of Mental Health (NIMH)	2002	123 pdf
http://www.nimh.nih.gov/health/publications/massviolence.pdf					
mental health response to mass violence and terrorism - a training manual			U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration Center for Mental Health Services	2004	192 pdf
http://download.ncadi.samhsa.gov/ken/pdf/SMA-3959/MassViolenceAndTerrorism.pdf					
Terrorism and Disaster: Individual and Community Mental Health Interventions		This follow-up book to Ursano et al.'s earlier title Individual and Community Responses to Trauma and Disaster expands the focus on terrorism. There is widespread belief among professionals that terrorism (and torture) produce the highest and most diffuse rates of psychiatric sequelae of all types of disaster. This book's international experts assess the lessons learned from the most recent atrocities. They look at prevention, individual and organizational intervention, the effect of leadership, and the effects of technological disasters and bioterrorism/contamination.	Ed: Robert J. Ursano, Carol S. Fullerton, Ann E. Norwood	2003	364 Book JPY 8,64 2
Mental Health in Emergencies: Mental and Social Aspects of Health of Populations Exposed to Extreme Stressors		summarises the present position of the Department of Mental Health and Substance Dependence on assisting populations exposed to extreme stressors, such as refugees, internally displaced persons, disaster survivors and terrorism-, war- or genocide-exposed populations.	WHO	2003	8 pdf
http://www.who.int/mental_health/media/en/640.pdf					

Mental Health Services in Disasters Manual for Humanitarian Workers	Humanitarian Workers	Mental Health Services in Disasters: Manual for Humanitarian Workers is composed of a noteworthy summary of the most updated knowledge in this field, in a world in which the effects from natural disasters are increasingly more dramatic – be they hurricanes, earthquakes, volcanoes, floods, etc. Crucial aspects in the management of different disaster victims are emphasized, with special attention to those most vulnerable: the children, the aged, HIV patients, individuals with substance abuse problems and their interaction with other victims.	WHO (Dr. Raquel E. Cohen)	2000	96 Book USD 32.4	
World Health Organization Assessment Instrument for Mental health Systems (WHO-AIMS) Version 2.2		a new WHO tool for collecting essential information on the mental health system of a country or region	WHO	2005	92 pdf	情報収集のためのツール。災害対策というわけではない。

http://www.who.int/mental_health/evidence/AIMS_WHO_2_2.pdf

The research on mental health service system in time of community health crisis (Principle investigator, Yuriko Suzuki, MD, MPH, PhD, National Institute of Mental Health, National Center of Neurology and Psychiatry) was funded by Health and Labour Science Research Grants, Research on Community Health Crisis Management (grants 19310701) from the Ministry of Health,